At Sprayway we work incredibly hard to manufacture garments that not only look great and perform to the very best standards but also fit all shapes and sizes. Our customers vary, from junior adventurers to seasoned munro bagging veterans and everyone in-between.

We are very proud of the reputation we have built over the past 48 years for great fit and its always front and centre of anything we create.

## SIZING

The men's and women's
measurements in the sizing tables, show the body sizes that Sprayway garments are made to fit.
To help parents choose the right size of Sprayway clothing for their children, we show the actual garment dimensions. We know that all children grow at different rates, so choosing by age is not always as easy as it seems. Every new fabric, design and style has to fulfil the exact criteria laid out by the design department before it goes to market.

| Women's |  |  |  |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Europe |  | XS | S | M | L | XL | XXL | XXXL |
| UK |  | $\mathbf{8}$ | 10 | $\mathbf{1 2}$ | $\mathbf{1 4}$ | $\mathbf{1 6}$ | $\mathbf{1 8}$ | $\mathbf{2 0}$ |
| Chest | inches | 32 | 34 | 36 | 38 | 40 | 42 | 44 |
|  | cm | $80-85$ | $85-90$ | $90-95$ | $96-99$ | $100-103$ | $105-108$ | $110-113$ |
| Waist | inches | 26 | 28 | 30 | 32 | 34 | 36 | 38 |
|  | cm | $65-68$ | $70-73$ | $75-79$ | $81-83$ | $85-88$ | $90-93$ | $95-98$ |
| Hips | inches | 36 | 38 | 40 | 42 | 44 | 46 | 48 |
|  | cm | $90-95$ | $96-99$ | $100-103$ | $105-108$ | $110-113$ | $115-118$ | $120-123$ |

Note: please refer to individual style details for leg lengths offered.

| Inside leg (short) | inches | 29 | 29 | 29 | 29 | 29 | 29 | 29 |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
|  | cm | 73.5 | 73.5 | 73.5 | 73.5 | 73.5 | 73.5 | 73.5 |
| Inside leg (regular) | inches | 31 | 31 | 31 | 31 | 31 | 31 | 31 |
|  | cm | 79 | 79 | 79 | 79 | 79 | 79 | 79 |
| Inside leg (long) | inches | 33 | 33 | 33 | 33 | 33 | 33 | 33 |
|  | cm | 84 | 84 | 84 | 84 | 84 | 84 | 84 |

Men's

| Europe/UK |  | XS | S | M | L | XL | XXL | XXXL |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Chest | inches | $33-35$ | $36-38$ | $39-41$ | $42-44$ | $45-47$ | $48-50$ | $51-53$ |
|  | cm | $84-89$ | $91-97$ | $99-104$ | $107-112$ | $114-119$ | $122-127$ | $130-135$ |
| Waist | inches | 28 | 30 | 32 | 34 | 36 | 38 | 40 |
|  | cm | 71 | 76 | 81 | 86 | 91 | 96 | 102 |

Note: please refer to individual style details for leg lengths offered.

| Inside leg (short) | inches | 29 | 29 | 29 | 29 | 29 | 29 | 29 |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
|  | cm | 75 | 75 | 75 | 75 | 75 | 75 | 75 |
| Inside leg (regular) | inches | 31 | 31 | 31 | 31 | 31 | 31 | 31 |
|  | cm | 80 | 80 | 80 | 80 | 80 | 80 | 80 |
| inside leg (long) | inches | 33 | 33 | 33 | 33 | 33 | 33 | 33 |
|  | cm | 85 | 85 | 85 | 85 | 85 | 85 | 85 |

Junior's

| Inside Leg | Order Size (Years) | Height (cm) | Chest (cm) | Waist (cm) | Hips <br> (cm) |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 41.5 cm | 2-3 | 92-98 | 53-55 | 52-55 | 56-58 |  |
| 48.5 cm | 4-5 | 104-110 | 57-59 | 59-55 | 60-62 | Products are based on the upper measurement due to dual sizing. |
| 55.5 cm | 6-7 | 116-122 | 61-63 | 57-58 | 65-68 |  |
| 61 cm | 8-9 | 128-134 | 66-69 | 59-61 | 71-74 | e.g. for size 8-9years, the chest measurement is based on a child with 69 cm chest and height of 134 cm |
| 68 cm | 10-11 | 140-146 | 72-75 | 62-63 | 78-81 |  |
| 74 cm | 12-13 | 152-158 | 79-83 | 64-65 | 84-86 |  |
| 80 cm | 14-15 | 164-168 | 87-89 | 67-69 | 92-94 |  |

There are specific sizes that are only available through forward orders these are highlighted in the size chart as $\mathrm{XS} / 8$ and XXXL
Please note the above measurements are for quide only, the exact measurements used on garments may change slightly in bulk production orders to ensure best fit

